

HEALTH CARE

JIGSAW: DOCTOR, SPECIALIST & HEALTH UNIT

V F C R W



INSTRUCTION SHEET

INSTRUCTIONS:

Text from the BC Newcomers' Guide Health chapter has been divided into three sections. Each student in a group of three is responsible for only one topic. S/he must read and understand the passage and be prepared to answer the other students' questions about his/her topic. (The strongest students should receive the long passage on "Types of Doctors" while the weaker students receive the "Specialists" sheet.) Instructors may suggest that students with the same topic sheet work together to clarify any vocabulary or comprehension questions before separating into mixed groups. (Lower level classes may take the reading passage home with them to prepare the vocabulary and content)

In the mixed groups (one student per topic), students explain (or read from the text if necessary) their topic to his/her group. The other group members are not to read the text for themselves. They should ask for repetition or clarification as need be, then answer the questions they have on their own sheet.

REQUIRED STRUCTURES: asking for repetition and/or clarification, rephrasing

REQUIRED VOCABULARY:

GROUP SIZE: whole class divided into threes

HANDOUTS: Finding a Family Doctor, Specialists, and Public Health Units reading and question pages (one per student)

OTHER MATERIALS REQUIRED: Newcomers' Guide text for reference

RELATED GRAMMAR:

FOLLOW-UP ACTIVITIES:

Contact the services provided for more information

Discuss the lack of specialists in Canada (and some parts of the province)



HEALTH CARE

JIGSAW: DOCTOR, SPECIALIST & HEALTH UNIT

WORK SHEET

TYPES OF DOCTORS

There are two types of doctors in British Columbia: family doctors and specialists.

Family doctors take care of most medical problems. You can also talk to your family doctor about family planning, nutrition, and emotional problems.

FINDING A FAMILY DOCTOR

How can you find a family doctor?

- Ask your friends, neighbours, or other people in your community.
- Talk to people at an immigrant settlement agency. You may be able to find a doctor who speaks your language.
- Some hospitals have a list of doctors who are taking new patients.
- Look in the Yellow Pages of the telephone book under "Physicians and Surgeons."

MAKING AN APPOINTMENT

Before you go to the doctor, you should telephone the doctor's office for an appointment. Always take your CareCard with you when you visit a doctor.

QUESTIONS FOR SPECIALISTS

1. Who do you have to see before you go to a specialist? _____

2. Why? (*your opinion*) _____

3. What does "refer" mean? _____

(*the noun is "referral"*)

QUESTIONS FOR PUBLIC HEALTH UNITS

1. What is a "public health unit"? _____

2. Name 3 services community health nurses provide:

1. _____

2. _____

3. _____

3. Have you ever called the Health Information Line? yes / no (*circle one*)



HEALTH CARE

JIGSAW: DOCTOR, SPECIALIST & HEALTH UNIT

WORK SHEET

SPECIALISTS

There are two types of doctors in British Columbia: family doctors and specialists.

Specialists treat special health problems, such as heart disease.

If you are sick, go to a family doctor first. Your family doctor may refer (send) you to a specialist. If you think you need to see a specialist, you must talk to your family doctor first.

QUESTIONS FOR FAMILY DOCTORS

1. What do family doctors take care of? _____

2. Name 3 people or places where you can ask to find a family doctor:

1. _____

2. _____

3. _____

3. What should you always take with you to a doctor's appointment? _____

QUESTIONS FOR PUBLIC HEALTH UNITS

1. What is a "public health unit"? _____

2. Name 3 services community health nurses provide:

1. _____

2. _____

3. _____

3. Have you ever called the Health Information Line? yes / no (circle one)

HEALTH CARE

JIGSAW: DOCTOR, SPECIALIST & HEALTH UNIT

V F C R W



WORK SHEET

PUBLIC HEALTH UNITS

Many communities have public health units. These are medical offices where community health nurses and doctors give free health care information to families.

If you have a serious health problem, a public health nurse may be able to help you in your home. These nurses can also help women prepare for a new baby and visit them at home after the baby is born. They will also give immunizations to babies and children against diseases.

To find a health unit in your area, look in the Blue Pages of the telephone book. Look for the "Health Authorities" section. You can also call the Health Information Line at 1-800-465-4911.

QUESTIONS FOR FAMILY DOCTORS

1. What do family doctors take care of? _____
2. Name 3 people or places where you can ask to find a family doctor:
 1. _____
 2. _____
 3. _____
3. What should you always take with you to a doctor's appointment?

QUESTIONS FOR SPECIALISTS

1. Who do you have to see before you go to a specialist? _____
- *2*. Why? (*your opinion*) _____
3. What does "refer" mean? _____
(*the noun is "referral"*)