



ELSA Child Care Connections Bulletin

Implementing Music & Movement In Child Care Programs

Winter Issue, December 2011

Welcome to *ELSA Child Care Connections*

ELSA Child Care Connections is a communication bulletin recognizing early childhood educators and welcoming newcomer children and their families to Canada.

Please check out our website www.elsanet.org for current updates and ECE resources.



Contact **Naznin Dhanani**,
ECE Resource Coordinator
at ece@elsanet.org
for information on early childhood
resources.

"We now know that nurture in early life as well as nature is important in early human development and that nurture in the early years has major effects on learning in school and physical and mental health throughout the life cycle."

- J. Fraser Mustard

Why Is Music Important for Children?

Research:

Auditory perception begins before birth. During development, the human brain becomes a highly-specialized system for the perceptual, memory and semantic functions required for understanding and producing language and enjoying music.



The milestones of this step-by-step development have their underpinnings in neural development and are strongly related to the auditory exposure and communicative actions in childhood.

*Huotilainen, M. PhD, Naatanen, R. PhD (2010). *Auditory Perception and Early Brain Development*. University of Helsinki, FINLAND

<http://www.child-encyclopedia.com/pages/PDF/Huotilainen-NaatanenANGxp.pdf>

I'm a Little Snowman Tune: "I'm A Little Teapot"

I'm a little snowman
Short and fat,
Here are my buttons,
Here is my hat.
When the sun comes out,
I run away
Before I slowly
Melt away!

Adapted from traditional

It is Snowing Tune: "Frere Jacques"

It is snowing, it is snowing,
Falling down, falling down.
Winter winds are blowing,
Drifts are slowly growing,
All around, all around.

Adapted by Jean Warren



Sensory— Sight, Sound, Smell, Taste & Touch

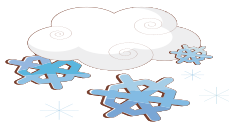


A Poem

Rain is falling down, splash.
 Rain is falling down, splash.
 Pitter patter pitter patter
 Rain is falling down. Splash.



Sun is peeking through, peek.
 Sun is peeking through, peek.
 Peeking here,
 Peeking there,
 Sun is peeking through, peek.

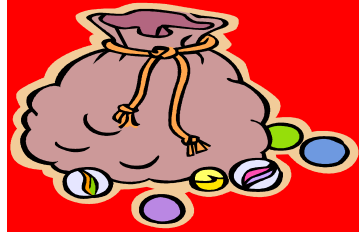


Snow is drifting down.
 Snow is drifting down.
 Soft and white,
 Soft and white,
 Snow is drifting down.

Courtesy of Burnaby Family Life,
 ELSA Childminding Program

Feely Bags:

Feely bags is a great way to teach children about the senses.



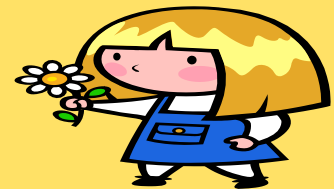
- Ask children to gather objects from the shelves and put them in the feely bag.
- Have children sit at the tables.
- Pass the feely bag to each child and ask them to take out one object.
- Ask children to tell you about the object.
- Ask questions such as;
 - A) Is the object smooth?
 - B) Is the object have a smell?
 - C) Is the object have a sound?
 - D) Can we taste this object?

I Use My Five Senses

(Tune: The Farmer in the Dell)

Author Unknown

I use my eyes to see, I use my eyes to see,
 And when I want to see a star, I use my eyes to see.
 I use my nose to smell, I use my nose to smell,
 And when I want to smell a flower, I use my nose to smell.



I use my tongue to taste, I use my tongue to taste,
 And when I want to taste a peach, I use my tongue to taste.
 I use my ears to hear, I use my ears to hear,
 And when I want to hear a bird, I use my ears to hear.
 I use my hands to touch, I use my hands to touch,
 And when I want to touch a cat, I use my hands to touch.

Developing Skills Through Music & Movement

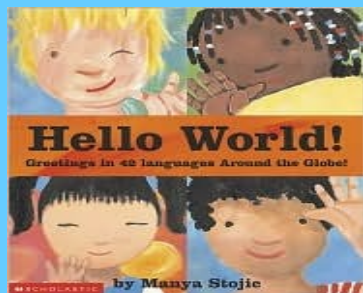
Music and Movement develop the following skills in young children:

- * Express themselves
- * Social Skills
- * Participation (being part of a group)
- * Sharing
- * Taking turns
- * Empathy
- * Creativity & Imagination
- * Language



- * Appreciation of others
- * Self-esteem
- * Listening skills
- * Body awareness
- * Large motor skills
- * Fine motor skills
- * Balance & co-ordination
- * Culture & diversity
- * Learning about sounds and exploring instruments and much much more.....

Winter Books



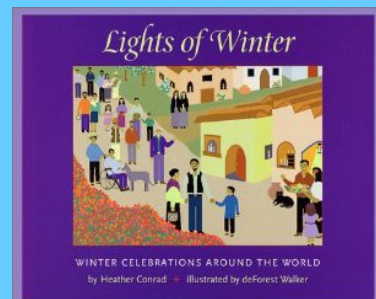
Hello World! Greetings in 42 Languages Around the Globe!
by Manya Stojic
Manya Stojic (Illustrator)

Available at www.wstcoast.org



It's Winter – Celebrate the Season
by Linda Glaser

Available at www.wstcoast.org



Lights of Winter
by Heather Conrad,
Deforest Walker (Illustrator)

Available at www.amazon.com



New Resources:

Create your own visuals in the classroom.

www.educatall.com

Development information for infants and toddlers.

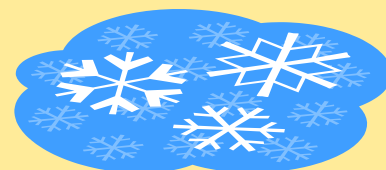
www.zerotothree.org

Early language intervention programs and learning resources for parents and professionals around the world. www.hanen.org

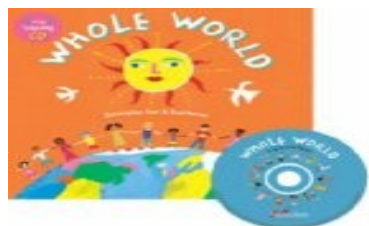
Origami for Kids:

Clear and simple instructions with actual photographs of the folding process to guide you.

www.origamiinstructions.com/origami-for-kids.html



Song Books



Sung By: Fred Penner,
Christopher Corr,
(Illustrator)
www.amazon.com



New Resource:

I'm a Little Teapot
By Jane Cobb, Magda Lazicka
(illustrator)

A resource guide for nursery rhymes, finger plays, action songs, and craft ideas.

Available at
www.blacksheepress.com

Winter Recipe

Gingerbread Cookies

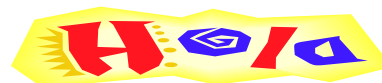
2/3 cup shortening
 1/2 cup brown sugar, packed
 1 tsp. cinnamon
 1/4 tsp. ground cloves
 2 tsp. ground ginger
 pinch salt
 3/4 cup molasses
 1 egg
 3 cups flour
 1/2 tsp. baking powder
 1 tsp. baking soda



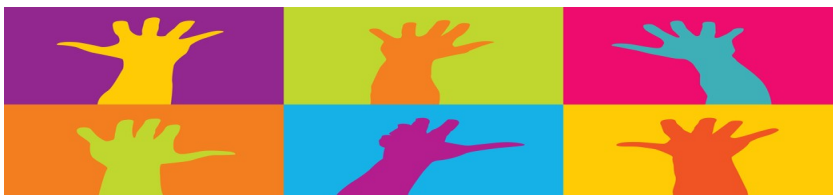
Cream together first 6 ingredients. Add egg and mix. Add molasses and mix again. Mix together flour, baking powder and baking soda in a separate bowl. Sift. Add to the creamed mixture and stir until well blended. Chill 1 hour. Preheat oven to 375 F. Roll out dough 1/4 at a time to 1/8" thickness or slightly thicker on a lightly floured board. Cut with a cookie cutter and transfer to a greased (or non stick) cookie sheet. Repeat with remaining dough. Before baking, decorate with raisins as you like. Place in oven for 8 - 10 minutes. Cool on a wire rack. Decorate with icing, m&m's, chocolate chips or any other items you wish.

http://www.dltk-kids.com/recipes/gingerbread_cookies.htm

Say Hello in Different Languages



English	<i>Good day</i>	<i>My name is</i>
Arabic	<i>Al salaam a'alaykum</i>	<i>Ismi</i>
Chinese	<i>Ni hao</i>	<i>Wo-duh ming-d'zih</i>
French	<i>Bonjour</i>	<i>Je m'appelle</i>
German	<i>Guten Tag</i>	<i>Ich heisse</i>
Greek	<i>Kalimera</i>	<i>To honoma moo</i>
Hebrew	<i>Shalom</i>	<i>Shmee</i>
Hindi	<i>Nah-mah-STAY</i>	<i>MEH-ra nahm</i>
Italian	<i>Buon giorno</i>	<i>Mi chiamo</i>
Japanese	<i>Konnichiwa</i>	<i>Watakushi-wa (your name), desu</i>
Korean	<i>Annyong ha shimnikka</i>	<i>Che irumun (your name) imnida</i>
Russian	<i>Zdravstvuite</i>	<i>Menia zovut</i>
Portuguese	<i>Bom dia</i>	<i>Meu nome</i>
Spanish	<i>Hola</i>	<i>Me llamo</i>
Swahili	<i>Jambo</i>	<i>Jina langu ni</i>
Swedish	<i>God dag</i>	<i>Mitt namn & auml;r</i>
Turkish	<i>Merhaba</i>	<i>Adim</i>
Ukranian	<i>Dobryy den'</i>	<i>Mene zvaty</i>



Make a Snowman

Materials:

A 6cm polystyrene ball
 A 4cm polystyrene ball
 Stickers (dots)
 Card for base
 Glue (we used a hot glue gun to make the body)
 Crayons
 Sparkle glue

Instructions:

- Cut out a circle of card.
- Glue the larger ball onto the card and the smaller ball on top.
- A hot glue gun is best for this so best if an adult prepares this ahead of time.
- Ask children to decorate with stickers, crayons and sparkle glue.
- Display children's snowman.

